



# SOLSTICE

*Oracle Spread*

13

12

3

6

11

2

4

7

1

10

5

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9

# SOLSTICE

## *Oracle Prompts*



**1. DAWN.** What unexpected light energies are being revealed and rising inside, on this long day?

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**2. FIRST LIGHT.** What am I awakening into, what energy or story is being supported or kindling within my life?

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**3. STILLNESS.** Reflect on this story or situation that is relevant but may be ready to be released.

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**4. SUN.** This illumination is becoming a source of strength for me because...

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**5. SHINE.** What is the new story or awareness shining within me right now?

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**6. SUPPORT.** What story or area of my life currently needs some tending or extra support?

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**7. STORM.** What is active and intense? What is hidden or not being expressed? How is this storm disrupting my life?

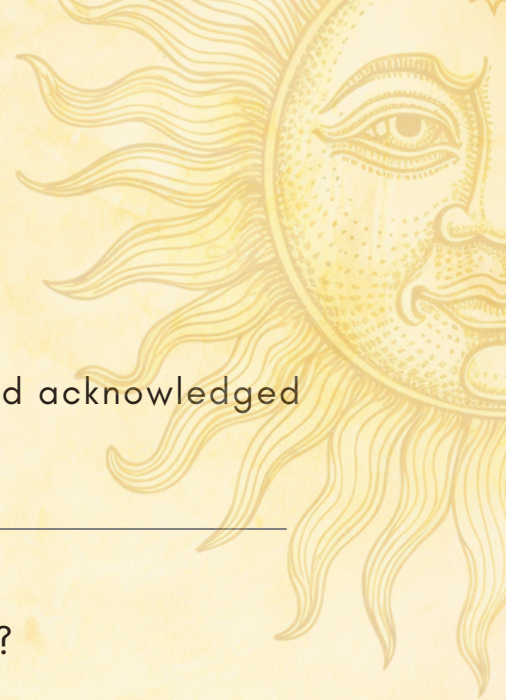
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**8. RISE.** What is revealing my rising ability or personal power for this solar season?

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# SOLSTICE

## *Oracle Prompts*



**9. REST.** What resting energies are being expressed acknowledged and honored?

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**10. RELEASE.** How are you releasing and receiving?

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**11. DANCE.** What is being supported with new steps, finding flow and discovery?

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**12. DELIGHT.** What is bringing forth the rising energy of delight?

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**13. SOL-LIGHT.** What is the wisdom that is emanating from your soul, how will this invite full expression?

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Use a favorite oracle deck or your own cards and art to explore a spread...the art made each of the 12 days, plus Solstice, can be drawn on and moved into a new pattern within the spread. The prompts can be used with the art to explore new facets, inspire or uncover evocative aspects of your Solstice story!

Soul-Light

Seek your Light at Summer Solstice

**Cat Caracelo, founder of JourneyPath® Institute is dedicated to bringing the magic of integrative depth work to the world.**

**Discover how art as process, deep inquiry and journey work companion healing, wholeness and transformation. The Institute offers a powerful space to experience distinctive classes and programs that support personal growth and professional expansion, including the highly acclaimed Creative Depth Program and Coaching Certification.**

*Practice listening to your intuition, your inner voice.  
Ask questions, be curious, see what you see, hear what you hear,  
and then act upon what you know to be true. These intuitive  
powers were given to your soul at birth.*

*-Clarissa Pinkola Estés*