



# LITHA

june 20 - june 22

A celebration of light and blessings. Litha, or the summer solstice, marks the first day of summer. As the longest day of the year, it's a time full of light and joy. However, it also marks the beginning of days growing shorter, and thus it reminds us to appreciate the sun while we can. Litha is a day to enjoy and celebrate your blessings and the light of summer.

## THEMES & SYMBOLS



Blessings  
Light  
Warmth  
Joy  
Celebration  
Fulfillment  
Abundance  
Life

Fire  
The Sun  
Flowers  
Oak  
Seashells  
Nature  
Fireflies  
Fruit



## HOW TO CELEBRATE

Litha is a day of celebration in all its forms.

Take time to remember all the blessings you've received throughout the year and give thanks for them. Spend time with the sun while she's around as well. Here are some activities to get you in the spirit:



- Make a fire
- Stay up to watch the sunrise
- Do something creative
- Spend time soaking in the sun
- Give thanks to those who've helped you
- Practice gratitude



## Spell & Ritual Ideas

Luck and prosperity spells, strengthening relationship rituals, cord-cutting, love magic, happiness spells, good health spells, sex magic, fire magic, candle spells, group magic.

### Altar Decorations

sun and moon symbols, earth symbols, flowers, fruit, mirrors, seashells, sun water, candles, honey, alcohol, live plants

## CORRESPONDENCES

### Colors

blue, gold, green, red, white, yellow, orange



### Crystals

amber, carnelian, citrine, diamond, jade, lapis lazuli, tiger's eye

### Animals

bees, butterflies, cattle, horses, robins, sea creatures, snakes

### Herbs

basil, calendula, chamomile, heather, mugwort, wild thyme, peony, rose, daisy, sunflower, cedar, clove, mint, pine, sage

### Deities

Apollo, Ares, Aten, Belenus, Freya, Freyr, Frigg, Hathor, Hestia, Horus, Isis, Juno, Lugh, Ra, Sol, Sunna, Venus, Zeus