

LAMMAS

august 1 - august 2



A celebration of harvest and change. Lammas, or Lughnasadh, marks the midpoint between summer and autumn and is the final summer festival of the year. As the first harvest of the year, it also marks the beginning of winter preparations. Lammas is a day to celebrate the harvests of our work and plan for the rest of the year.

Altar Decorations

barley, bread, dried corn ears, cornucopias, scythe, sunflower seeds, corn husk dolls, sun imagery, grains, nuts

CORRESPONDENCES

Colors

bronze, green, gold, light brown, orange, yellow

Crystals

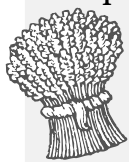
citrine, golden topaz, lodestone, moss agate, obsidian, peridot, aventurine

Animals

calves, pigs, roosters, salmon, crows, horses

Herbs

apples, basil, clover, goldenrod, heather, ivy, marigold, peony, poppy, rose, rosemary, vervain, sandalwood, frankincense



Deities

Adonis, Ceres, Corn Mother, Demeter, Hermes, Lugh, John Barleycorn, Mercury, Osiris, Pomona

THEMES & SYMBOLS



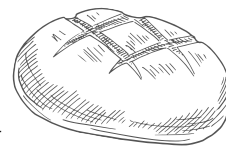
Abundance	Grain
Harvest	Corn
Change	Corn dollies
Blessings	Cornucopias
Prosperity	Scythe
Planning	Sunflowers
Gratitude	Bread
Cycles	The Sun

HOW TO CELEBRATE

Lammas is the perfect time to celebrate the harvests of your hard work throughout the year. Feast upon the bounty of your efforts and take time to prepare for the rest of the year. Here are some activities to get you in

the spirit:

- Bake bread
- Make a fire
- Prepare a feast
- Make a list of future goals
- Treat yourself with a gift
- Share food with loved ones



Spell & Ritual Ideas

Good luck spells, prosperity spells, money bowls, fresh start spells, deity work, abundance rituals, bless & consecrate tools, group magic, scrying, divination, cleansing & protection.