



MABON

september 21 - september 24



A celebration of feast and harmony. Mabon, or the autumn equinox, marks the beginning of autumn. Day and night are equal length on the holiday, representing balance and harmony. It's the second harvest of the year, making it a time to give thanks for all that's given to us and enjoy nature before winter begins.

THEMES & SYMBOLS



Balance	Fallen leaves
Harmony	Pine cones
Gratitude	Gourds
Harvest	Apples
Fruitfulness	Cornucopias
Celebration	Pomegranates
Rest	Pumpkins
Reflection	Cauldrons

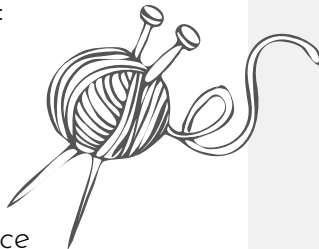
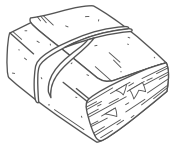


HOW TO CELEBRATE

Mabon encompasses the sleepy atmosphere of autumn, when nature begins its descent into winter. Take time to rest, reflect on the fruitfulness of your labor, and prepare for the winter to come. Here are some activities

to get you in the spirit:

- Take a nature walk
- Bake & feast
- Declutter your home
- Go apple picking
- Meditate & find balance
- Journal or craft



Spell & Ritual Ideas

Balance rituals, cleansing & banishing, refresh your wards, mirror scrying, meditation, automatic writing, prosperity spells, nature magic, lunar magic, cleansing baths, abundance spells.

Altar Decorations

autumn harvest foods, foraged leaves & twigs, candles, late blooming flowers, dried corn, corn husk dolls, baskets



CORRESPONDENCES

Colors

brown, gold, orange, red, yellow, green

Crystals

amber, citrine, cat's eye, lapis lazuli, sapphire, yellow agate

Animals

eagle, blackbird, owl, salmon, stag, wild goose, wolf, crow

Herbs

bittersweet, chamomile, marigold, rue, sage, yarrow, cinnamon, myrrh, frankincense, elderflower, pine, hawthorn, nettle, calendula



Deities

Artemis, Bacchus, Ceres, Cernunnos, Demeter, Diana, Freya, The Horned God, Mabon, Odin, Pan, Persephone, Pomona, Skadi