



YULE

December 21st - January 1st



A celebration of fresh starts and introspection. Yule begins on the winter solstice, the shortest day of the year. Even though it's dark and cold, it's seen as a time of hope and joy as it also marks the starting point for the new year - where light and warmth will return again.

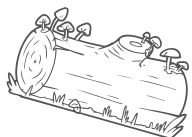
THEMES & SYMBOLS

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|----------------|------------|
| Introspection | Bells |
| Hope | Evergreens |
| Rebirth | Holly |
| Transformation | Mistletoe |
| New Beginnings | Wreaths |
| Joy | Yule log |
| Family | Poinsettia |
| Coziness | Gifts |

HOW TO CELEBRATE

Yule is all about new beginnings and gratitude for what we've been blessed with throughout the year. Take this time to notice the blessings around you and plan your goals for the next year. Here are some activities to get you in the spirit:

- Burn the Yule log
- Spend time with family
- Go caroling
- Decorate the tree
- Wrap presents
- Tell stories



Spell & Ritual Ideas

Cleansing & warding for the new year, love spells, cord cutting, kitchen magic, self-love bath, happiness spells, bay leaf manifestation spells, shadow work, inner child work.

Altar Decorations

bells, candles, elves, evergreen branches, lights, ornaments, pine cones, reindeer figurines, wreaths, yule log, snow water

CORRESPONDENCES

Colors

green, yellow, gold, red, silver, crimson, white

Crystals

bloodstone, clear quartz, emerald, ruby, garnet, diamond, carnelian

Animals

bear, boar, deer, eagle, owl, tiger, wren, reindeer

Herbs

chamomile, ivy, mistletoe, peppermint, rosemary, sage, cedar, cinnamon, clove, frankincense, juniper, myrrh, orange

Deities

Alcyone, Baldur, Bona Dea, Beira, Demeter, Dionysus, Frau Holle, Holly King, Horus, Mithras, Odin, Saturn

